



Policy & Guidelines

(A.) Cage Layout:

When departing Next Level Athlete after a team practice or an individual workout, all cages must be closed with at least one L-screen placed within the cage and a bag of baseballs either placed at home plate or behind the L-screen. All baseballs need to be picked up and placed into a ball bag. All other gear such as one-handed bats, flat mitts, cones, and tees should be placed on the metal shelves outside of the cages. Any gear outside of the cage should be placed in the back-right corner of the building.

(B.) Equipment:

The equipment within the facility can be utilized by all members. The gear includes one-handed bats, flat mitts, bases, training deck hitting mats, resistance bands, tee's, and workout equipment.

Exception: The pitching machine cannot be used by individual members at this time. The machine is only to be used by teams using the facility during their allotted team practices.

(C.) Food & Drinks

Only drinks are permitted inside of Next level Athlete. They are to remain outside of the caged area at ALL times. For those members who forget their drink at home, there is a refrigerator located at the back of the facility. All drinks are \$1, and payment is to be placed in container located inside the fridge.

There is a zero-tolerance policy for any food or candy inside of the facility. Members who fail to comply with these rules could be subject to a \$100 cleaning fee if any damage is caused from stains or damage done by food or candy.

(D.) Team Practices:

Each team will be provided a (1) hour timeslot during the week for their indoor practices. Teams will be allotted the use of 3 cages during their scheduled indoor practice time. Teams do have the opportunity to utilize 4 cages as long as there has not been inclement weather that would cause those teams scheduled for outdoor practice to move their practice indoors. One cage is to ALWAYS remain open and available for other members to come in and utilize. **Teams are not permitted to utilize all five cages at once for any reason.** The schedule will be posted at Next Level Athlete as well as provided to each team's manager.

Five minutes prior to the team's allotted time ending, all activities must stop. Baseballs are to be picked up and cages are to be put back into the condition as stated above as outlined in section (A.). If a team desires to schedule an indoor practice on the weekends, it must be done by coordinating with Next Level Athlete staff.

(E.) Open Hitting Times:

Next Level Athlete is open from 7:00 am to 10:00 pm daily. Effective September 1st, 2022 there will always be at least (3) cages dedicated and kept open for members to come in and utilize during normal business hours. (One full cage and one cage that has been split for more hitting lanes.) If there are multiple members waiting to use the cage, we ask that you limit the use of the open cage to 30 minutes to ensure other members can access and use the cage.

Exceptions to this policy are:

1. If there is a clinic or a camp scheduled.
2. The entire facility has been rented out for a special event.

In the event of Open Hitting times being closed, a message will be emailed out as well as the information being posted to the Next Level Athlete social media pages.

(F.) Key FOBs:

Each member will be provided (1) FOB per player registered. This FOB will grant access to the building during normal business hours. If you decide to terminate your membership with Next Level Athlete by (a) leaving your team, or (b) terminating your membership outright, you must turn in the Key FOB. Failure to do so within (7) days of terminating the membership, you will be charged a fee of \$35.00 which includes a \$10.00 processing fee.

If your FOB is lost, please contact Next Level Athlete immediately by email nextlevelathletellc@gmail.com or by calling/texting (540)429-5465

(G.) Last to Leave:

If you are the last members to leave the facility at any time throughout the day, we ask that you complete the following:

1. Pick up all gear and return cages to condition as outlined in section A of this document.
2. Ensure all fans and doors at the back of the facility are turned off and secured.
3. Make sure the garage doors are closed. Each garage door has a switch located to the right of the door. (Black box)
4. Lights are turned off. There are (2) light switches to turn off the lights
 - a. One switch is located on the wall to the left of the garage door closest to the back wall. Recommend turning these lights off first.
 - b. The other light switch is located on the wall next to the main entrance door.
5. Ensure that the main entrance door is secured once you leave the facility



Signature Page

I, _____ (Insert Name) have read and understand the Next Level Athlete Policies and Guidelines. I fully understand that violation of these policies and guidelines will result in my facility access and privilege's to be suspended.

Parent Signature

Date

Player's Name

Player's Team